

Christmas Hours 2017 & 2018 (After Hours Access as Normal)

Monday 18 th December (Normal Hours)	Normal Classes
Tuesday 19 th December (Normal Hours)	Normal Classes (No Latin)
Wednesday 20 th December (Normal Hours)	Normal Classes (No Punch or Pilates)
Thursday 21 st December (6am-1pm & 4pm-7pm)	6.00am Spin Fix 9.30am Spin Fix 5.00pm Move Fix 5.45pm Metafit
Friday 22 nd December (6am-1pm)	6.00am Spin Fix 9.30am Stomp Fix
Saturday 23 rd December (8am-11am)	8.15am Hiit Fix 8.30am Spin Fix 9.15am Stomp Fix
Sunday 24th December	CLOSED
Monday 25th December (Christmas Day)	CLOSED
Tuesday 26th December (Boxing Day)	CLOSED
Wednesday 27 th December (8am-11am)	9am Spin Fix
Thursday 28 th December (8am-11am)	9.00am Yoga Fix
Friday 29 ^h December (8am-11am)	9.00am Stomp Fix
Saturday 30 th December (8am-11am)	8.15am Hiit Fix 8.30am Spin Fix

Sunday 31st December	CLOSED
Monday 1st January	CLOSED
Tuesday 2nd January	CLOSED
Wednesday 3 rd January (8am-11am)	9.00am Spin Fix
Thursday 4 th January (8am-11am)	9.00am Yoga Fix
Friday 5 th January (8am-11am)	9.00am Stomp Fix
Saturday 6 th January (8am-11am)	8.15am Hiit Fix 8.30am Spin Fix
Sunday 7th January	CLOSED
Monday 8 th January (6am – 1pm & 4pm – 8pm)	Normal Classes (No 12.10pm Circuit & 7pm Spin)
Tuesday 9 th January (6am – 1pm & 4pm – 8pm)	Normal Classes (No 7.15pm Latin)
Wednesday 10 th January (6am – 1pm & 4pm – 8pm)	Normal Classes (No 6am Boxing)
Thursday 11 th January (6am – 1pm & 4pm – 8pm)	Normal Classes (No 6am Circuit & 12.10pm Boxing & 7.00pm Recovery)
Friday 12 th January (6am – 1pm & 4pm – 7pm)	Normal Classes (No 12.10pm Spin)
Saturday 13 th January (8am – 11am)	Normal Classes (No 9.15am Stomp & 9.30 Spin Fix)

